ENM London Index

A list of all groups creating ENM focused, face to face events in London

(Last updated: 20/10/2026)

Big Feelings Club

Big Feelings Club is a social and a sharing circle for all ENM folks. This is a non-judgemental space created to foster vulnerability and build community in non-monogamy. Find your network of care!
https://linktr.ee/bigfeelingsenm

ENM Fam

Non-profit socials to build a non-monogamy fam in London. Inclusive & judgement/discrimination free community 🏳️🌈🏳️⚧️🍉
No cruising allowed
https://www.instagram.com/enmfamlondon/
https://linktr.ee/ENMfam

ENM Skating

ENM group for who likes to skate (inline/roller/ice skating), to find people to go skating events or just go around/practice together indoor/outdoor.
https://chat.whatsapp.com/GOMcWSjZ1Mz5ZVcqtJAJYT

ENM Tech & Games

Ethically non-monogamous Tech & Games community.
https://linktr.ee/enmtechgames

Female and Non-Binary Coffee Meet-Up

Supportive, connected and friendly group for anyone F/NB exploring polyamory.
Lovely safe space to ask advice, receive empathy and make friends.
https://chat.whatsapp.com/IhAOeZ3NUbz1I7wnqpoi4e

Honeycule

Honeycule Events LDN -Inclusive & safe space for POC practicing ENM
https://linktr.ee/honeycule

Is this a date?

Music for indecisive people.
Queer/Poly/Club/Social
Here quarterly for anyone who struggles to make a decision
https://linktr.ee/isthisadate

London Polyamory Monthly Social

A monthly social for the London Polyamory community.
https://bookwhen.com/london-polyamory

London Polyamory Munch

For anyone who is interested in polyamory, who practices it, or wants to learn more about it, or simply would like to meet people that are poly. Discuss, share, advise, arrange meetings/events, whatever you fancy.
https://fetlife.com/groups/158324/

Lucid

Sober social and play party for the Queer NM/Kink community. Founded by @miss_masochist_
https://www.instagram.com/lucid_sober_events

Non-Monopoly

London's only non-monogamous board game social. Join us for an unforgettable evening of connection.
https://beacons.ai/nonmonopoly

Poker Slvts

The Poker Slvts is a London-based community for ENM and queer people who love playing poker!
https://www.instagram.com/london_poker_slvts

Poly Coffee & London Polyamory Monthly Meetup

These two events are for anyone who is interested in openly loving more than one partner, please come along to chat with others who understand those choices. Events alternate between online and in-person (confirm on Discord before attending)
https://www.meetup.com/polylondon/
https://discord.gg/d3JMwGx

Polycyclers

Rolling with Love and Adventure. A cycling group for ENM folks to pedal together and embrace the journey in all its forms
https://chat.whatsapp.com/FGrkHuK6syi6eXGL4KgS6X

Poly Parents

Poly parents is a space where we can talk about parenting while being polyamorous: the beauty of showing our children that there are many ways to love, the challenges of having those conversations, the valid reasons we may choose not to.
To join please complete this vetting form
https://forms.gle/trZhnxzdc3KujfAb9

Polyramblers

Group for sorting out hikes
https://chat.whatsapp.com/Ebh846HqFf39LzCaevkQGP

PolyStation

London's Non-Monogamy meet up for those who experience relationships openly, originally and creatively. For all genders and sexual identities. LQBTQI+ friendly
https://www.instagram.com/polystation_ig/

Queer polyamory social London

Please join us for the queer polyamorous social! You will find a community of queer polyamorous people to make new friends (usually 3rd Thursday of each month). Please do not use the social for cruising and unicorn-hunting!
https://www.outsavvy.com/event/11588/queer-polyamory-social-london

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Rainbow Ravers

The Rainbow Ravers is a London-based WhatsApp community for ENM and queer people who love concerts, raves, festivals and gigs!
https://www.instagram.com/london_rainbow_ravers/

Serotonin

Serotonin is a safe space for the melanated folks from the sex positive communities (black, beige, brown and everything in between). Many people from our communities have experienced being hyper visible or under-represented so we made Serotonin.
https://www.instagram.com/beingserotonin/

Annoyed about there not being enough events?

Why not volunteer in any of these wonderful communities?! 😊

Or, better still, go create a new one! 🎉

If you are part of an ENM community that does face to face events in London and you want to appear in the ENM London Index, please send us an email to: enmlondonindex@gmail.com