

PolyStation

Bring PolyStation to your event

Workshops, talks and facilitated sessions on polyamory and non-traditional relationships, for festivals, conferences and communities.

- Two years of monthly sessions
- Festival sessions delivered
- Not a dating event

hello@polystation.org

polystation.org · Instagram @polystation_hq

Offer document · November 2026

Reimagining relationships

Polyamory teaches skills that reach far beyond non-monogamous relationships: consent, honest communication, moving from scarcity and comparison towards abundance, and building kinship and collective care.

PolyStation started as a monthly meet-up in London. Two years on it is a community where people learn, question and practise non-traditional relationship styles together. We bring that experience to your context: sessions that are rigorous, warm and practical, shaped with your audience rather than delivered at them.

Festivals and conferences

Keynotes, masterclasses and drop-in workshops that fit your festival programme.

Communities and groups

Peer spaces that open conversations people already want to have, safely held.

Organisations and workplaces

Talks and staff sessions on communication, consent and inclusive practice.



Polyamory DIY: Queering the Family at The Love Hub, London. Photo: Jawadat Bashorun

PolyStation is a community and discussion space, not a dating event. Our sessions welcome people of all relationship styles, single or partnered.

Our sessions

Every session is a mix of short input and facilitated practice, so people leave with tools they can use, not just ideas they have heard.

01

Reimagining relationships

Keynote or workshop · 25 to 90 minutes

What would love, care and commitment look like without the default script? We design relationships around stated values instead of inherited rules. For audiences of every relationship style.

02

The Relational Compass

Masterclass 90 minutes · Workshop 3 hours

Value-based polyamory: anchor relationships in explicit values rather than fear, rules or comparison, through individual and collective value mapping.

03

Polyamory DIY: queering the family

Workshop · 75 to 90 minutes

Define chosen family, map kinship networks and draw alternative family trees. Delivered at The Love Hub festival in London with Sion Jones.

04

Introduction to ethical non-monogamy

Talk with Q&A · 45 to 60 minutes

A plain introduction to polyamory: vocabulary, what research says, the core skills, and space for the questions people are afraid to ask.

> "Attending Polystation gave me the tools to communicate better in my relationships and connect with a likeminded community."
>
> Workshop participant

Community-tested sessions

Themes we have run with real groups, ready to adapt to your programme.



Multiple-way communication in practice. Photo: Kelly Akofa

- **Ageing and polyamory**
  Growing old together, differently: care, housing and commitment across a lifetime.
- **Multiple-way communication**
  Practical skills for relationships with more than two people.
- **Queer platonic co-parenting**
  Building families beyond romance: roles, agreements and support networks.
- **Desire, intersectionality and identity politics**
  How race, class and gender shape what we want and what we can say.
- **Sustainable relationships**
  Polyamory and the ecology of sharing: more people, more shared resources, lighter footprint.
- **Bespoke sessions**
  We build a session around your theme, audience and time slot.

- The Love Hub, part of Fringe! Queer Film and Arts Fest, with The Love Tank
- Loving Men+ EDGE festival workshops
- Monthly residency at The Common Press, London
- Queer Platonic Co-parenting Meet-ups

Formats and delivery

Formats

Keynotes
25 to 45 minutes, plus Q&A

Masterclasses
90 minutes, interactive

Workshops
3 hours, or compressed to 75 to 90 minutes

Bespoke programmes
series and multi-day formats on request

Delivery

In person
London-based, UK-wide by arrangement

Online
worldwide, low-tech

Materials
chairs in a circle, flipchart, markers

Co-facilitation
with queer and community facilitators

Trauma-aware and attachment-informed. Decolonial perspectives and playful creativity. Inclusivity is centre stage, not an add-on: every session is designed for mixed audiences and framed in plain language.



Angel Perez

Founder of PolyStation. Relational and ontological coach, inclusion specialist, MSc UCL.

Sion Jones

Co-facilitator at The Love Hub sessions. Community educator on chosen family and queer kinship.

Book a session

Tell us your dates, audience and format, and we will shape a session around them.

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Photos: Jawadat Bashorun (@jhawadat) and Kelly Akofa (@iamkellyakofa). PolyStation is a community and discussion space, not a dating event.